

Golden Bear 10th Annual Cross Country Invitational

September 21, 2024

Course

Blue River Cross Country Venue, Blue River Memorial Park, 725 Lee Blvd, Shelbyville, IN
Blue River CC Course (www.bluerivercc.com) has gentle rises, it is both runner and spectator friendly. The course is conveniently located off of I-74 with ample parking, restrooms, and spectator areas. Please visit the website for more information including spectator and course/park maps. **Spectators** should plan to enter the park from Lee Boulevard coming from the south off of St Rd 44 (Applebee's, Starbucks & Wal Mart at the intersection of Lee Blvd and St Rd 44) or from Rushville Road to Lee Blvd. **Busses/vans of teams** should plan to enter the Shelby County Fairgrounds to gain walkable access to the park. They should **NOT** enter the park.

NO PETS ON MEET DAYS. Please tell your spectators in advance as they are not usually happy when told to take them back to their car. This is an IHSAA rule, Shelbyville HS and Blue River CC Venue rule.

****we reserve the right to adjust the races/times due to weather, pets @the meet, etc.**

Teams

HS: Black Division: Avon, Carmel, Fishers, Franklin Central, Mooresville, Mt Vernon, Northville (Michigan), Richmond

Gold Division: Cathedral, Central Hardin, Guerin Catholic, Hamilton Heights, Herron, Lebanon, Madison, Morristown, New Castle, New Palestine, Roncalli, Shawe Memorial, Shelbyville, Southwestern Shelby, Switzerland County, Waldron, Wapahani, Western

Races

HS – varsity races can run up to 12 athletes; Varsity for girls should run under 32 min; for Boys they should run under 28 min. **IF your athletes cannot run under the time listed please run them in the JV races even if it leaves you without a scoring team in Varsity.**

2 High School Divisions – 1 race, divisions for award purposes only

- Black Division: 4A Schools per IHSAA Classification
- Gold Division: 1A, 2A & 3A Schools per IHSAA Classification

Entry Fees

- \$100 for each gender per school
- Please make checks payable to: Shelbyville High School, 2003 S Miller St, Shelbyville, IN 46176
- Checks should be mailed so they are received by Sept 16th or turned in to Alpha Timing at packet pick up

SPECTATORS: \$6 per person (over kindergarten) entry with **E-TICKETS ONLY**. Link to be provided via email and Shelbyville HS, Blue River CC and Alpha Timing social media. **NO cash at gate taken, must purchase e-tickets in advance.** Please share with your fans as often as possible.

<https://public.eventlink.com/tickets?t=89681&p=136881>

Please tell spectators to have tickets pulled up on phone or printed when in line to enter and to **NOT** validate them themselves or they will not be honored.

Meet Schedule

7:45 am	Check In/Packet Pick Up, Course Opens
8:10 am	Coaches meeting at the finish line
8:40 am	Girls report to start line
8:45 am	Varsity Girls, 12 max, ALL must be able to finish in under 32 min
9:20 am	Varsity Boys to start line
9:30 am	Varsity Boys, 12 max, ALL must be able to finish in under 28 min
10:10 am	Girls JV, no max but should be able to finish under 40 minutes *
10:50 am	Boys JV, no max but should be able to finish under 35 minutes *

*may be combined based on entries, coaches will get an email on Friday prior by 3pm via DA as to if it is 2 races or combined. If combined, will run at the first time listed after the last varsity race. Report to start line 10 min prior to posted start time of race. We will pull anyone off the course at the above times even if they are not finished. Please pull them your self if this is the case with any of your athletes.

Awards at the stage, 10 min after last race finishes.

Course Walks

It is preferred that course walks be completed by all teams by 8:35am.

Course Maps

Print course maps to bring with you and for your spectators, there are none on site or see the course website for interactive map.

Facilities and Miscellaneous see www.bluerivercc.com for maps and parking for spectators. Directions for spectators and busses are on the last page, **please share with all spectators and bus drivers!!**

- Team camps will be set up closest to the fairgrounds across the gulley from the finish, or up closer to the parking lot. Please tell your parents they cannot drive beyond the parking lot cement with any team items. They must all be walked in.
- Teams should bring water/drink, cups, ice, bags for their athletes
- Restrooms for spectators and athletes are available in the permanent buildings. Athletes may also use the port-o-pots located near the team camp area.
- BRCCV is a 'pack it in, pack it out' park so please bring trash bags to carry your trash out.

Merchandise: online store where you may pre-order merchandise, All pre-orders may be picked up at the meet and additional orders will be able to be placed at the meet. Please share the address following with your athletes/parents. Pre-orders will ensure getting what you want in your size and color choice. Online store will close on 9/10 midnight for meet pickup.

<http://www.itsazshirt.com/gbinvite24>

IMPORTANT Information to share please with parents/spectators/bus drivers ahead of time!

- Admission fee of \$6 person, kindergarten & up. E-tickets only purchased prior to arrival. Do not 'tear or validate' ticket, this will be done by event workers only.
<https://public.eventlink.com/tickets?t=40575&p=56285>
- CC Invitational Entry Info-Please read all! Important help!
- Follow the directions on the last page for entry to the park for spectators
- No pets are allowed on meet days!!
- Parking for officials and meet workers ONLY in the new building lot. No team/spectator parking there.
- Teams may not have their parents bring cars beyond the parking lot to set up or tear down team camps. Items must be carted/carried from the parking lot or bus.
- Restrooms for spectators and athletes are available in the permanent buildings. Athletes may also use the port-o-pots located near the team camp area
- Spectators will not be allowed in the finish chute for any reason
- Please do not stand or sit on any of the fencing around the course
- Spectator parking will be directed by volunteers, please follow their instructions
- Busses will drop athletes off at the Fairgrounds at the path, athletes will walk through to the park. Spectators will not be allowed to follow busses into the fairgrounds
- Concessions/food trucks should be available.
- Several restaurants are located within 2 miles. Ask us ahead if you'd like recommendations!

Roster/Entries:

PLEASE READ THIS IMPORTANT INFORMATION

Entry will be done via **Direct Athletics** online entry only. You can check that you are entered correctly within the program itself.

DEADLINE: ALL ENTRIES MUST BE MADE PRIOR TO Monday, September 16th, 1pm

Results will be posted to www.alphatiming.net to view/print and to DA.

Trainer

Shelbyville HS will have trainers on site and be located near the finish line. **Teams should bring water, ice, bags for their use.**

Awards

Varsity HS each division: Winning team, boys and girls, will receive a team trophy and 7 team ribbons
Top 15 individuals, boys and girls, will receive ribbons. No JV awards.

Questions and contacts

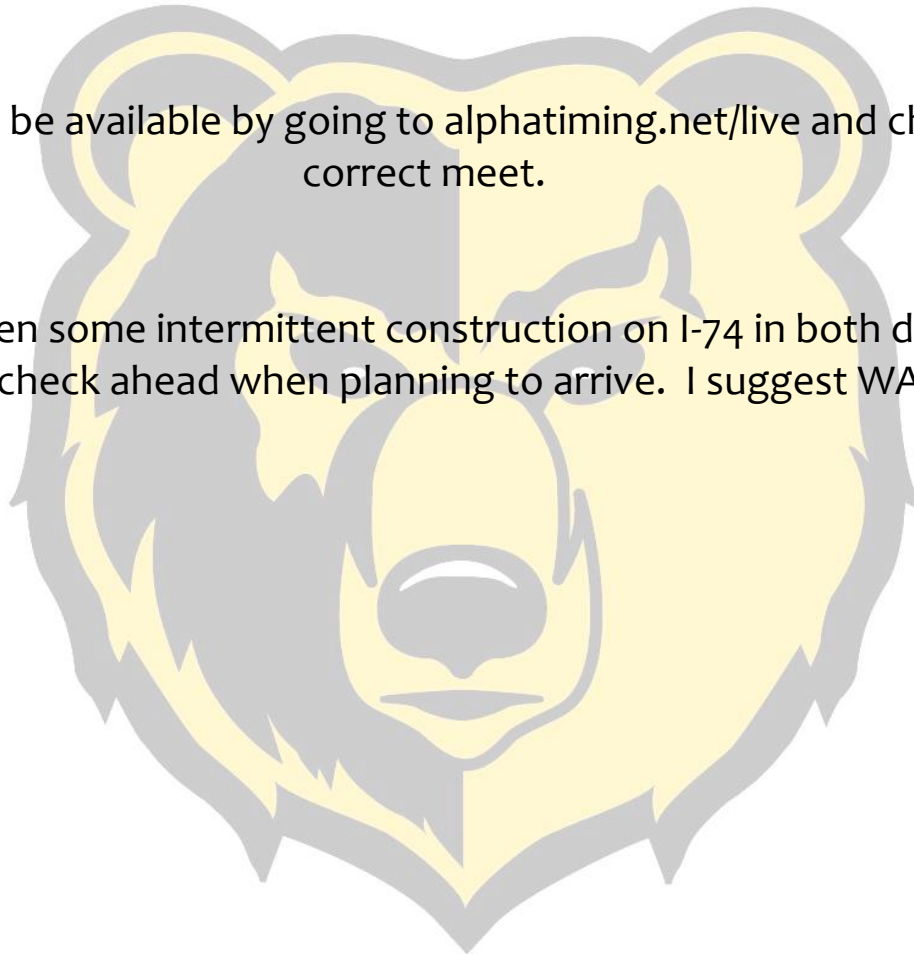
Course: www.bluerivercc.com

Meet Directors/Scoring: Michelle Nolley, michelle@alphatiming.net (email preferred), 317.403.8594

SHS Athletic Director: Jenny Demuth Hensley, jademuth@shelbycs.org or 317.398.9731
x2118

Live results will be available by going to alphatiming.net/live and choosing the correct meet.

**there has been some intermittent construction on I-74 in both directions so please check ahead when planning to arrive. I suggest WAZE.





Please read this page fully, it will answer most questions! Please begin your entry right away to avoid problems close to the deadline. You can update your entry up until the deadline.

- **Entry will be done via Direct Athletics only.** We cannot answer questions about DA. All questions regarding your entry/team should be sent to DA.
 - **Meet info** is also posted @ www.alphatiming.net event Info tab to view at any time.
 - If your school has a CC account already please use that username & password. No need to create a new account each year/season. Use the forgot password feature if you need help with your password. No need for different accounts for boy/girls either, if you coach/manage both.
 - **NEW COACHES:** best thing is to ask prior coach for their log in to gain access. If not possible then email DA support to be added as a coach, this can take up to 48 hours so plan accordingly.
 - **USE proper names for each athlete in DA.** If you have a Joe but his name is Joseph use Joseph to register him, the IHSAA wants proper names used throughout the season. No nicknames!
 - **Enter your entire roster in as varsity, you can choose who is Var/JV meet day, we don't need to know.**
 - **2 STEP entry process!** Entering your roster is only step 1. **STEP 2** is going to MEETS and choosing REGISTER for a specific meet and following the instructions on this process you will enter your ENTIRE into the specific meet.
 - **You may check that you have correctly entered within athletic.net on the meet page itself.** Please don't email to ask us, we'd love to help but with as many meets we have it is impossible.
- **Roster Entry deadline Monday, September 16th , at 1pm.**
- So we may run a great meet for you and your athletes please adhere to the manner in which we ask for your information; enter your ENTIRE TEAM; and adhere to the deadlines we ask for it all. Please don't wait until the last moments to begin the registration process, you won't stress yourself out this way!
 - Email is the best contact. Please keep in mind that we will return most emails/calls during normal business hours M –T 10am-4pm; F 10am-noon.
 - Results will be posted to www.alphatiming.net & athletic.net
 - ***Be sure to allow my emails, emails from support@alphatiming.net & from athletic.net back in to your server if using school accounts***

Follow us on Facebook and Twitter!

Remind your spectators to leave pets at home!

From Eastbound I-74: Exit 113, St Rd 9. Turn right off the exit toward McDonald's. Go to the 4th stop light (1st one once you've crossed the bridge) and turn left onto Mechanic St. Take this to the stop sign and go left onto Vine St, it will turn into Morris Ave after you cross a bridge. Then follow the ALL BUSSES box at the bottom.

SPECTATORS following busses from this direction: Spectators who follow busses should take the Y on Morris Ave to the left, following the cemetery. Go through the stop sign straight, the park will appear on their right. They can enter via the gate off of Morris or continue and turn onto Lee Blvd and enter there.

From Westbound I-74: Exit 119, St Rd 244, go left back over the interstate, go to the T with 421. Go right. Follow this to the stop light, go right (Progress Parkway). Take to the stop light, go left or east onto St Rd 44. Busses then will continue to the 3rd stop light, Papa John's on the right, turning right onto Vine St and then follow the ALL BUSSES box at the bottom.

SPECTATORS following busses from westbound I-74 should go straight at the stop light with St Rd 44 and continue toward Wal Mart. Pass in front of Wal Mart going to the stop sign, turn left at the stop sign, Lee Blvd. The park entrance will be on their left after they cross the bridge.

From Eastbound St Rd 44: Bring 44 into Shelbyville, at the 1st flashing light turn left still following 44 signs. At the Stop Sign continue right, following SR 44 signs, at next stop light go left, still following SR 44, at next light go right (CVS on corner) staying on SR44. At the 2nd stop light past the CVS, Papa John's on the corner, just past KFC, go left onto Vine Street. Once on Vine go straight through the stop sign and then follow the box at the bottom from this point.

SPECTATORS following busses from this direction can go either way into the park by following the directions in the top box or by going straight on SR44 to the 3rd light past the bus turn off (Papa John's) and turn left toward Wal Mart, at the stop sign past Wal Mart turn left onto Lee Blvd, the park entrance will be on their left just over the bridge.

ALL BUSSES: will be entering from Vine St: Morris Ave will Y, take the right angled road, Fair Ave, this will end at the entrance to the fairgrounds. Go right into the fairgrounds and the road will w, take the spoke going to the far left and follow it back to just at the barns, busses may stop here to unload and athletes can walk through the gate to the team camp area designated by signs to their right or ahead of them depending on weather. Busses may then park in the fairgrounds area grass.